

➤ WHICH ARE THE RISK GROUPS?



*Pregnant women must seek for medical advice before traveling to transmission zones and reinforce all precaution measures during that period.



The World Health Organization (WHO) declared the Zika virus as a public health emergency of international concern.

To know all countries with autochthonous transmission, visit: www.paho.org.



ABOUT TO TRAVEL?

DENGUE AND CHIKUNGUNYA MOSQUITO, ALSO TRANSMITS



ZIKA

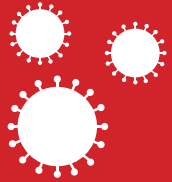
SYMPTOMS ARE ALIKE



IF YOU ARE PREGNANT, ZIKA VIRUS MAY AFFECT YOUR BABY

ZIKA: LET'S PREVENT

▶ WHAT IS ZIKA?



It's an infectious disease caused by the Zika virus (ZIKV).

▶ HOW IS IT TRANSMITTED?



It is transmitted by the *Aedes aegypti* bite. It also transmits Dengue and Chikungunya.

▶ HOW DO WE PROTECT OURSELVES IF WE TRAVEL TO TRANSMISSION ZONES?

Using light clothes covering almost every part of your body.



Using repellents on the exposed skin every 4 hours and on the light clothes you wear.



Making sure windows have mosquito nets.



Peru has **NOT** register any autochthonous zika cases

▶ IF YOU COME BACK FROM TRAVELING AND PRESENT THE FOLLOWING SYMPTOMS AND SIGNS:



Fever



General malaise



Rash

Go to the nearest health care facility. Do not self-medicate

